



Co Registration: K2017378199  
Practice no 0834106  
SANC no: 11515228  
Physical Address: 38 Simmer street  
Selwyn

## **BLISSFUL BIRTH UNIT – SERVICE AGREEMENT**

### What can you expect from Blissful Birth:

Blissful Birth is a home birth unit where we practice safe midwifery. We believe that every woman has the right to a beautiful birth even if they do not have a medical aid.

We believe that pregnancy and birth are a normal physiological process. Our bodies are designed to conceive, grow, birth, and nurture our children. We also benefit from the past and current medical and scientific research.

We provide for the delivery of low risk babies after a pregnancy of at least 37 weeks. Once you are in active labour you will come to Blissful Birth where you will be attended to by a Doula and at least one of two midwives during this last stage of your confinement.

### Your birthing package options:

Access to at least one of the Two dedicated midwives dedicated to your birth procedure for the complete birthing procedure, a doula, and our birthing unit for the duration of your labour and a recovery time after birth.

### The Primary Midwife:

The primary midwife will full time monitor the progress of the mother during the birth and the deliver the baby. Once the baby is born, she will complete all documentation for the birth. She will also help with advice regarding breastfeeding and will ensure the wellbeing of the mother and baby in the post-partum period. The primary midwife is responsible for all post partum follow up and the 6 week examination which the patient must book with the midwife unless it was otherwise agreed upon.

### The Secondary midwife:

She will be present in addition to the primary midwife during the actual birth to assist the primary midwife with any medical tasks. This secondary midwife is not responsible for any post partum visits or follow up unless otherwise agreed.

### Doula services:

The Doula will see you twice before the birth and once after the birth (normally day 5 after birth). The three appointments will all be at the Blissful Birth premises.

The Doula will help prepare you for your upcoming birth during your antenatal session that is included in the abovementioned three appointments with the Doula. She will discuss your plans for the labour, what to expect during labour and in post-partum.

She will also make sure that you have the necessary items for the birth and the first few months of babies' life.



During the labour, delivery, and postpartum period the doula will be present and assist the mother when needed – helping with the procedure for breastfeeding and caring for the baby.

#### Blissful Birth Unit:

Your host will ensure that you (and if requested your partner) are cared for during your stay. She will ensure that your environment is clean and that you are well fed. You can expect three wholesome meals per day. Tea and coffee can be made in the kitchen unit nearby.

Blissful Birth will make every effort to accommodate your dietary requirements. If, however, you choose not to eat the provided meal you are not entitled to a refund because of this decision. You are however more than welcome to order your own food at your expense

#### In the event of an emergency:

You and/or the baby will be transferred to the nearest state facility (Rahema Moosa Mother and Baby Hospital) or to any private facility of your choice, but this will be for the account of the patient.

We will at all times ensure to the best of our abilities your and your babies' safety.

We will make every effort to provide the services described in this agreement, however, sometimes this is impossible (i.e., a rapid labour and birth, natural disaster, dangerous driving conditions) and will not be held responsible for any unforeseen consequences that may result from such an emergency.

#### FEES:

##### Delivery charge

**Total: R16 000**

1 This amount of R16 000 is payable in full in advance when the booking is confirmed but not later than 4 weeks before the expected due date of the delivery. A strict adherence to this requirement is necessary to minimise unnecessary stress for the expecting mother and her baby and to ensure that the facility will be available on the expected due date as booked.

2 The first part of the total amount of R16 000, ie R3 000, is payable with the booking and the outstanding rest of the amount must be paid in full not later than 4 weeks before the expected due date.

3 The parties agree that after the booking had been made, no part of the total amount already paid will be refundable for whatever reason other than in the following circumstances when, if applicable, the indicated amount may as a gesture of goodwill be refunded if and to the extent that no professional time or costs have already been involved:

3.1 Should you go into premature labour **before utilising any of the facilities at Blissful Birth** and not deliver at our facility, all but the booking fee, will be refunded in full.

3.2 If you go into labour without utilising any of the facilities at Blissful Birth before 37 weeks or if you are admitted to the hospital at any time before your due time, you may still decide to call the Doula as she can support you at Raheema Moossa during your labour. (Please note that only your Doula or your partner will be allowed into the



room at that facility. Please be reminded that there is nothing that Blissful Birth can do if the the Doula is refused access by that hospital.)

3.3 If you decide to utilise the services of the Doula when admitted at another facility, you will be responsible for the fee of the Doula which is R2500 in total and this amount will be deducted from the amount that would be refundable under clause 3.

3.4 If the Doula was mandated by the expecting mother to attend to the hospital but for whatever reason refused access to the hospital, the Doula must still be reimbursed for her time and an outcoming fee of R2500 will be deducted from the amount that would be refundable under clause 3.

Included in the Delivery Charge is the fee payable for the access as explained above to the two midwives, the doula and the facility fee (this includes waterbirth, food, medication needed for birth and all other birthing stock and material used during the final stage of the confinement

Please note the mother is responsible for her own linen savers, pads etc as set out in the packing and planning list as well as all baby necessities including diapers, baby clothing etc.

This can be supplied at an additional cost if previously agreed to

**Additional fees payable after the birth not included in the above Delivery Charge:**

Bloodwork of baby TSH	R95
36 week Strep B Isolation test	R122
Dr Michael Platten Paed	R1000
Homeopath kit (optional)	R550

Important fee information

**Medical aid:**

Please find out from your medical aid how much they will contribute towards a home birth. Please note this is a cash practice and the fee will have to be paid up front as indicated in clause 1 above. It is your responsibility to claim back from your medical aid.

Please note that the following is excluded from the quotation but may in addition be agreed to:

34-week Doula Prenatal exercise session (60 – 120 minutes) for optimal foetal positioning for R400

ANY midwife visits including day 3-5 day and 6 week post natal visits @ R400, blood tests or scans. Please be reminded that you are responsible for making a formal booking with your midwife for any visit

Midwife visits will generally be on week 20, 24, 28, 30, 32, 34, 36, 37, 38 .....weekly till birth. All visits can be done at Blissful Birth premises except for one visit with the Primary midwife. Please note that it is your responsibility to have a backup plan for your birth if you prefer not to be transferred to the nearest Government hospital.

**SPECIAL NOTES:**

If Blissful Birth is not called for the birth and no other agreement had been reached in advance, no fees will be refunded, as we may have turned away other clients for your space to be reserved.



If the client chooses to cancel service before 37 weeks, all but the booking fee will be refunded.

Please note that after 37 weeks, there is no refund for cancellation.

It is the patient's responsibility to register the newborn birth. The Primary Midwife will complete the forms and hand this to the family.

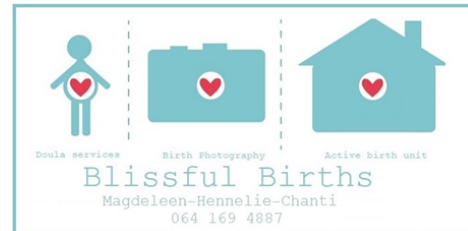
Caesarean Section/Transfer out: Blissful Birth is not a surgery. This agreement applies because the parties do not anticipate a situation where an emergency Caesarean Section/Transfer out to happen a.

### The Agreement:

#### Indemnity clause

**It is agreed that in the light of the above clauses and the following explicit terms, Blissful Birth will not be held liable for any reason whatsoever regarding my decision to use the facilities and professional staff of Blissful Birth or for any conduct or omission by the personnel of Blissful Birth**

- a This is a home birth facility and I hereby agree that I am taking primary responsibility for all decisions, procedures, and outcomes regarding my prenatal, birth and postpartum care.
- b I acknowledge that I am contracting for the midwifery services of Blissful Birth.
- c I have chosen to have a home birth, based upon what I believe to be a thorough examination of all the alternatives. I have discussed the prenatal care and birth options with my physicians and other knowledgeable people to the extent that I think is necessary.
- d Blissful Births, nor any of their practicing Midwives or Doulas will not be held liable for any personal loss or damage, including loss regarding to any property of the birthing mother, baby and her family and the parties agree to this indemnity clause.
- e **I understand and agree to the following:**
  1. Blissful Birth Unit is a homebirth unit and Midwife Hennelie Moller is a registered home birth midwife. Any other midwife working at Blissful Birth is also a registered home birth midwife. She and the doulas working at Blissful Birth are not doctors. Blissful Birth provides care for to woman who have normal, uncomplicated pregnancies and expect a normal delivery of a healthy child.
  2. I am aware that in the event of a complication or emergency there are fewer alternatives for medical intervention available at a home birth than there would be in a hospital **but I accept all risks involved.**
  3. It may become necessary during the birth to transfer the mother and/or child to the hospital before, during or after the birth. I agree to go to the hospital upon the midwife's recommendation. I also understand that in most circumstances, such transport is via a private car.
  4. I agree to have the baby seen by a paediatrician for the new-born physical examination within the first week of life.
  5. I understand that Blissful Birth does not have formal physician back up.
  6. I understand that the following situations may be considered as high risk and if they occur during my pregnancy and cannot be resolved, I may need to reconsider my decision for a home birth. They may include but is not limited to the following:
    - Diabetes
    - High Blood Pressure
    - Preterm labour



- Twins
- Breech Presentation
- Pre-eclampsia

Please provide the following:

Mothers name	
Mothers surname	
Partners name	
Partners cell number	
Partners signature	
Partners e mail adress	
ID number patient	
e-mail address patient	
Physical address patient	
EDD	
Medical aid	
Medical aid no	
Authorisation no	

I have read and understand this document and I agree with all clauses stipulated in this agreement.

\_\_\_\_\_

Mothers signature

\_\_\_\_\_

Partners signature

\_\_\_\_\_

\_\_\_\_\_

Blissful Birth representative

Date

Payments can be into the following bank account.

Blissful Births  
 First National Bank  
 Account no: 62667099579  
 Brach Code: 250655  
 Current Account